# **CURRICULUM VITAE**

# > Personal Information

Dr. NAJLA AL-SAYED MOHAMED ABD-EL MABOUD Date of birth: 26/8/1972 Nationality: Egyptian Religion: Muslim. Mobile: 97933153 E-mail: drnajlasoloman@yahoo.com Address: Yarmok – block 3 – street 2 – house 95 Total Experience: 24 years Position: Internal medicine Consultant at Al-Sabah Hospital

### > Professional Education:

- MBBS- Cairo University Kasr Eini 1996, Grade: very good
- Master Degree Cairo University- Kasr Eini Nov. 2000, Degree: very good
- MRCP-UK: Part 1 2005, Part 2 2006, Part 2 (PACES) 23/6/2007

# > Experience:

- H.O. CAIRO University Kasr Eni 1/3/1997- 28/8/1998
- S.H.O. Kasr Al-Manial private hospital 1/3/1998 31/8/1999
- S.H.O. CAIRO University Kasr Eini 4/9/1999 3/9/2000

1. Providing medical care (acute care and transient long-term care) and putting and implementing plan of management to Medical disorders e.g. anemia, diabetes, hypertension; cardiac, respiratory, renal, hepatic, neuropsychiatric disorders...etc.

2. Teaching and Educational experience:

- Joining and contributing to the scientific activities of the department e.g.: attending scientific lectures, workshops, conferences and thesis discussions.

- Implementing efficient medical ethics and communication skills with the patients and their families.

- Teaching and training of junior residents about how to deal with the various medical conditions.

- Med. Registrar: Kasr Al- Manial private hospital 1/12/2000 28/4/2001
- Med. Registrar: Al-Sabah Hospital Kuwait 22/9/2001 11/11/2008
- Senior Med. Registrar: Al-Sabah Hospital Kuwait 12/11/2008 19/12/2010

Senior Med. Registrar Palliative care center -Al-Sabah Area – Kuwait
20/12/2010 -8/12/2012

Specialist Int.medicine: Palliative care center -Al-Sabah Area – Kuwait
9/12/2012 – 29/6/2016

 Int.medicine Senior specialist: Palliative care center -Al-Sabah Area–Kuwait -30/6/2016 – 30/6/2017.

Int.medicine Senior specialist: Diabetes outpatient- Al-Sabah Hospital Kuwait- 1/7/2019

• Consultant Int.medicine 2/7/2019 until now.

# > Scientific activities:

- Timing and Outcome of Referral to the First Stand-Alone Palliative Care Center in the Eastern Mediterranean Region, the Palliative Care Center of Kuwait: American Journal of Hospice & Palliative Medicine January 14, 2016.
- Acceptance of illness of advanced cancer patients in palliative care center in Kuwait. J Clin Oncol 34, 2016.
- Study Review: Can ophthalmoscope predict ischemic heart disease? Published in Advanced Aging Research (AAR) vol. 3 No.5 2014.
- Case report: Lupus peritonitis mimicking acute surgical abdomen in a patient with congenital Bernard Soulier syndrome (The Egyptian Journal Of Internal Medicine July 2012).
- Study Review CT findings of Systemic Lupus Erythematosus in Patients with Acute Abdominal Pain (The Egyptian Journal Of Internal Medicine July 2012).

• Case report: Community Acquired Klebsiella Pneumonia – Associated with Liver Abscess in a Kuwaiti Lady (The Egyptian Journal Of Internal Medicine July 2012).